

# LIFE CAN BE UNKIND SOMETIMES BUT U CAN B KIND TO URSELF

COUNSELLING IN CONFIDENCE  
BASED ON YOUR EAST ASIAN  
CULTURAL VALUES  
FOR YOUTH 12+ & PARENTS

家和專業輔導中心  
於皮爾區在每個月特定周三  
以英文、廣東話、及普通話  
提供青少年及家長心理輔導  
請致電 416-979-8299 預約

CHINESE FAMILY SERVICES OF ONTARIO  
PSYCHOTHERAPY IN PEEL REGION  
SELECT WEDNESDAYS PER MONTH  
0900 - 2000  
CALL 416-979-8299 FOR APPOINTMENT



家和專業輔導中心  
Chinese Family Services of Ontario



Catholic Family Services  
PEEL • DUFFERIN



Peel Chinese Community Service Hub

皮爾區華人服務中心

